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滋賀医科大学 統合報告書 2022



## Shiga University of **Medical Science**

# To Make SUMS and the Local Community Sustainable and Attractive

- 48 years after the University's founding, we embarked on the 4th Medium-Term Goals and Plans -

#### President Shinji Uemoto

Shiga University of Medical Science (SUMS), which was founded in 1974, will celebrate its 50th anniversary in 2024, two years from now. Under the concept of "One Prefecture, One Medical University," SUMS was established in response to the passionate desire and support of the people of Shiga Prefecture. As the university which is "supported by the local community, contributes to the community, and plays an active part in the world," we have aimed to contribute to the development of medical and nursing sciences and the promotion of human health. In addition to fostering outstanding medical professionals who provide holistic medical and nursing care in the prefecture, we have produced leaders in medicine and nursing science nationwide by promoting distinctive medical and nursing research and advanced medical care.

#### Striving for a Virtuous Circle of Sustainable Organization and Attractive Environment

SUMS has achieved its current level thanks to the efforts of our alumni and alumnae and their association "Koikai," as well as the understanding and support of the local community and all people surrounding SUMS. However, in order to envision a bright future based on this development, it is vital for us, as an organization, to be sustainable. The sustainability creates an attractive environment in which students, faculty and staff can study and work with a sense of reassurance, and the success in providing such environment makes everyone more engaged, which generates a virtuous cycle of sustainable organization and attractive environment.

With this in mind, we have been working toward the key concept "To Make SUMS and the Local Community Sustainable and Attractive" since FY2021, with the aim of developing the university and making greater contributions to health care in Shiga. This key concept also serves as the basic idea of the 4th Medium-Term Goals and Plans, starting from FY2022.

\*Medical specialist trainees:medical doctors who have completed two years of initial clinical training after obtaining their national medical license, and are in their third year or higher as a medical doctor who seek for a board-certified fellowship.

### The Most Important Task: Recruiting Medical Specialist Trainees and Graduate Students in Nursing

For organization sustainability, we target three areas: (1) human resource development; (2) finances; and (3) facilities and equipment. The first target is further linked to sustainability in community medicine, education, and research, but the most important task is promoting recruitment of medical specialist trainees\* and graduate students in nursing. Recruiting a large number of medical specialist trainees will support the development of community medicine including the University Hospital, and eventually those trainees will become young, open-minded, and talented graduate students at SUMS, which will allow us to enhance research at this school. Due to the promotion of medical education from the students' perspective and the efforts of each medical department, recruitment activities for medical specialist trainees under the new specialist system that started in FY2018 is progressing favorably. This year, we have welcomed 64 medical specialist trainees, and are looking forward to a bright future.

In addition, the goal of nursing education is to develop nurses who will play leading roles in health care in Shiga. Therefore, graduate school education is becoming increasingly important. Fortunately, we accepted a sufficient number of students in the Graduate School of Medicine' s Master's Program for Nursing this year.

#### Fostering and Supporting Young Researchers is Vital for the Future Development of SUMS

Furthermore, SUMS has reorganized its distinctive research centers to establish the Advanced Medical Research Organization. Within this organization, we have established the Medical Innovation Research Center, which consists of the Pioneering Research Division and the International Joint Research Division. We plan to welcome young researchers to this center to undertake novel research. Fostering and supporting young researchers, including graduate students, is vital for the future development of our university. The presence of graduate students and young researchers who are committed to research and active internationally would be great role models for students and young medical doctors and nurses. We hope that this commitment and promotion will attract young doctors and nurses to form a positive human resource cycle.

#### Management of the University Hospital and Acquisition of External Funds is Critical for Fiscal Sustainability

For the second target, finances, proper management of the University Hospital and acquisition of external funds is critical. Despite the COVID-19 pandemic, the management of the University Hospital is in good shape and the staff never faltered in providing quality medical care. In addition, the acquisition of external funds such as Grants-in-Aid for Scientific Research is also on track, and several joint research laboratories were established this year. Acquiring external funds not only stimulates research, but also contributes significantly to the overall finances of the University with overhead expenses. In addition to the financial sustainability, obtaining government grants through proactive application efforts will enable us to renovate aging facilities and update equipment, thereby improving the sustainability of facilities and equipment (the third target).

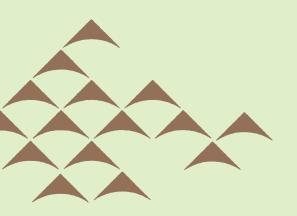
### Organizational Transparency is Critical to an Attractive University

Organizational transparency is critical for an attractive University. Transparency works when the faculty and staff are mutually accountable to each other under the principle of open access to information. This successful implementation creates a good relationship of trust among the faculty and staff. We believe that such strong ties will lead to better compliance and harassment prevention.

This integrated report includes introductions of some SUMS alumnae and alumni who are active domestically and internationally. We hope that this report will help our stakeholders grasp our contributions from a broad perspective and reaffirm the pride that students, faculty, and staff have in SUMS, which will motivate them in the coming decades.







### Explore SUMS

## A Half-Century of SUMS History





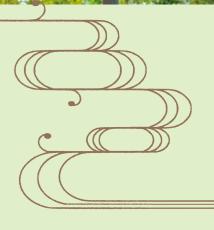
### Looking Back on History, Moving toward the Future

History Photos from graduation memorabilia are included for alumni to reminisce.

Value Creation Process The process of SUMS leveraging its various capital resources to create values is explained.

Medium-Term Goals and Plans The achievements of the Third Period are mainly introduced, and the goals and KPIs (Key Performance Indicators) for the Fourth Period outlined.

Quick Facts of SUMS Key figures and information are provided for a better understanding of the features and strengths of SUMS.



## History & Milestones





2006	∎6/29	Biomedical Innovation Center established
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2007	∎2/1	SUMS Child Care Center established
2008	∎9/25	Research Collaboration and Promotion Center established
	22	
2009	∎4/1	Research Promotion Organization for Intractable Neurological Disease established
9011	■7/1	Office for Gender Equality established
2011	-//1	
2013	∎4/1	Center for Epidemiologic Research in Asia established
2015		
2014	∎4/1	Community Healthcare Education and Research Center established Skills Lab Building completed
	∎9/4	Skills Lab Building completed
2015	<b>∎</b> 11/26	Research Ethics Office established
		100 000 000 000 000 000 000 000 000 000
2016	∎4/1	Molecular Neuroscience Research Center reorganized
0016		
2017	∎4/1 ∎5/1	Management Office of Medical Research established Research Administration Office reorganized
2018	4/1	Information Technology and Management
2010		Center established Education Promotion Office established
0010		
2019	∎4/1	IR Office established Admissions Center established
itini		Center for Advanced Medicine against Cancer established
		Comprehensive Strategy Council Goals and Plans
	∎7/1	Education Center for Medicine 2004–2009
- C	1	and Nursing established
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		1990 16/8 Division of Emergency and Critical Care
		Medicine established

- 1993 14/1 Intensive Care Unit (ICU) established
- 1995
   I4/1
   Hospital classroom (belongs to Seta Higashi Elementary School) opened

   1996
   I4/1
   Blood Service Center established
- 1997 III/1 Clinical Section of General Medicine established

#### 2022 14/1 Advanced Medical Research Organization established Medical Innovation Research Center established Molecular Engineering Institute, Functional Materials Laboratory established Molecular Engineering Institute, Molecular Design of New Materials Laboratory established Department of Regenerative Medicine Development established Department of Biocommunication Development established 10/1 Department of Therapeutics for Protein Misfolding Diseases establishe Molecular Engineering Institute, Sustainable Materials Development Laboratory established 2024 10/1 50th Anniversary 3rd Medium-Term **Goals and Plans** ST 125 54 2016-202 2nd Medium-Term Goals and Plans 1999 14/1 Clinical Trials Management Office established 2001 4/1 Section of Medical Informatics and Biomedical Engineering established 2002 4/1 Section of Endoscopy established Clinical Departments reorganized: Internal Medicine I, II and III into Cardiovascular Medicine, Respiratory Medicine, Gastroenterology, Hematology, Endocrinology and Metabolism, Nephrology, and Neurology; Surgery I and II into Gastrointestinal Surgery, Breast/General Surgery, Cardiovascular Surgery, and Respiratory Surgery ■4/17 Medical Safety Section, Clinical Resident Training Center, and Community Medical Collaboration Section established 2003 14/1 Rehabilitation Section and Section of Diagnostic Pathology established 2004 14/1 Central Clinical Facilities and Special Clinical Facilities

2020 14/1 International Center established

2021 14/1 NCD Epidemiology Research Center established

Medical Devices and Systems established

Department of Research and Development for Innovative

- 2004 14/1 Central Clinical Facilities and Special Clinical Facilities reorganized into Central Clinical Sections (15), Medical Safety Section, Community Medical Collaboration Section, Medical Training Division, Clinical Resident Training Center, and Clinical Trials Management Office Section of Emergency and ICU established
   18/1 Section of Clinical Engineering established
- 2005 14/1 Section of Medical Oncology established 18/1 Section of Clinical Nutrition established

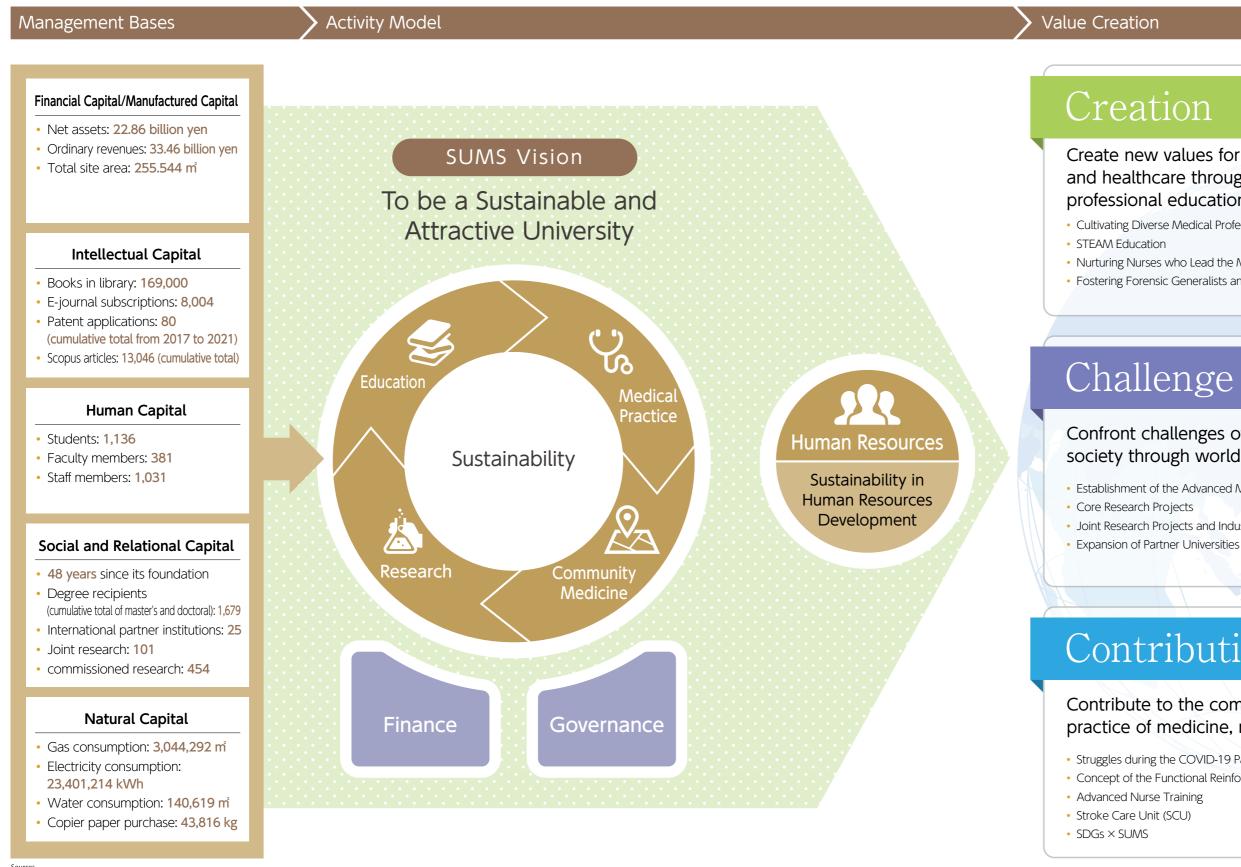
SUMS will celebrate its 50th anniversary in 2024





## SUMS's Value Creation Process

supported by the local community, contributing to the community and playing an active part in the world



#### Explore SUMS



#### Create new values for medicine, nursing, and healthcare through excellent medical professional education

Cultivating Diverse Medical Professionals With a Firm Ethical Standard

• Nurturing Nurses who Lead the Medical Care Field

Fostering Forensic Generalists and Specialists Who Serve the Community

#### Confront challenges of modern human society through world-leading research activity

• Establishment of the Advanced Medical Research Organization

Joint Research Projects and Industry-University Collaboration

## Contribution

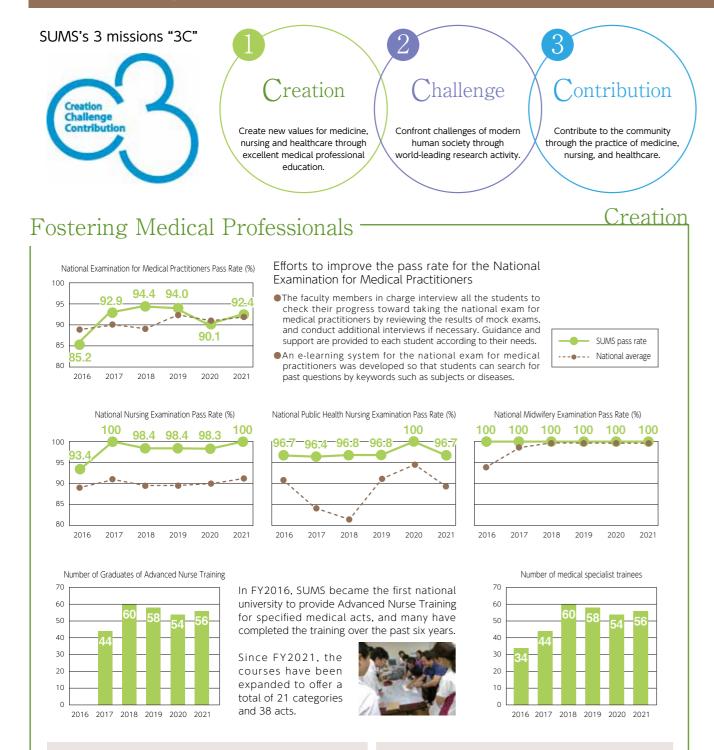
#### Contribute to the community through the practice of medicine, nursing, and healthcare

Struggles during the COVID-19 Pandemic

· Concept of the Functional Reinforcement Building

## Progress of the Third Medium-Term Goals and Plans

#### Six-Year Progress of the Third Medium-Term Goals and Plans



#### What are specified medical acts for nurses?

Each specific act refers to medical assistance performed by nurses with a high level of expertise and skills as well as practical comprehension and judgment. Nurses who have completed advanced training can assess patients' conditions so that they can receive care in a timely manner. These skilled nurses also help reduce the workload of medical doctors.

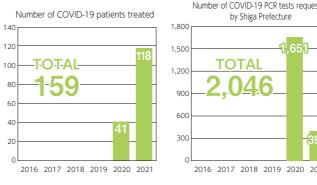
#### What is a medical specialist trainee?

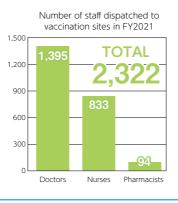
In the New Training and Certifying System of Medical Specialists that began in FY2018, the term refers to residents who have completed two years of initial training and are in hospital's specialty training program to acquire a board-certification as a specialist.



#### Succeeded in generating a COVID-19 model monkey







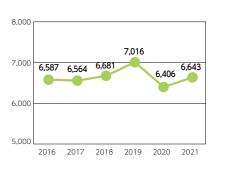
in FY2020 due to the COVID-19 pandemic, we did our best to maintain our practice to provide appropriate surgical treatment to patients who needed surgery under such circumstance.

Center of Shiga Prefecture, we responded to transfer requests from other facilities to treat patients, mainly those with severe symptoms, which accounted for more than 90% of the total number of treated patients at our hospital. To accommodate these severely ill patients, a ward (with 25 beds) dedicated to COVID-19 infections was established. We accepted one critically ill patient from Osaka Prefecture,

where the medical care shortage had become serious.

#### Number of surgeries (performed in operating rooms)

Although the number of surgeries decreased



## The Fourth Term Has Begun

#### The Fourth Medium-Term Goals and Plans -with Key Performance Indicators (KPI)-

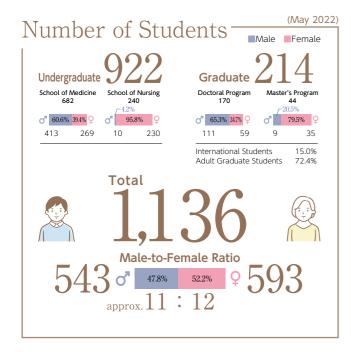
### To Be a Sustainable and Attractive University

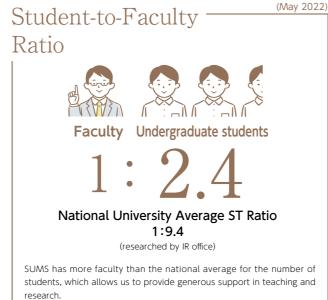
With the start of the Fourth Medium-Term Goals and Plans, it has become mandatory to



## Quick Facts of SUMS

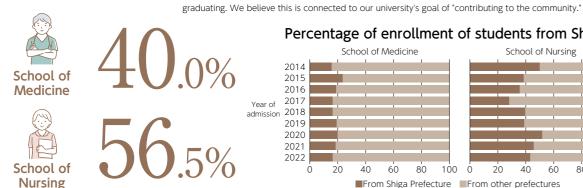


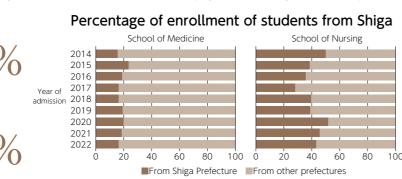




We also endeavor to give better guidance to each student.

### Career Paths of Alumni in Shiga





Considering the percentage of students from Shiga at the time of admission (18.8% for the School of Medicine

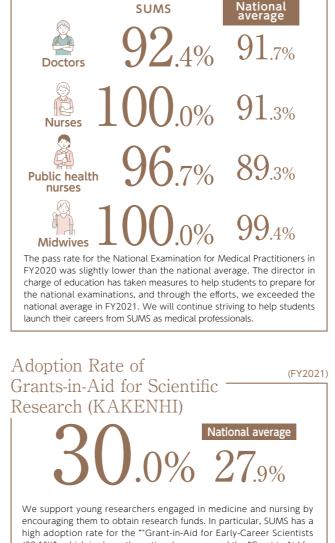
and 39.7% for the School of Nursing), it is clear that even those not from Shiga remain in the prefecture after



(FY2021)

### (May 2022) Faculty and Staff Percentage of females – All Faculty and Staff members 62.0%The Japan Association of National Universities developed the "Action

Plan for the Promotion of Gender Equality at National Universities" and a follow-up survey has been conducted annually. The target for the female faculty ratio by 2025 is set at 31%. However, the survey shows the average ratio at universities were 24.4% in 2020 and 25.0% in 2021. Although SUMS is above the average, we must continue to create an environment where both men and women can work equally.

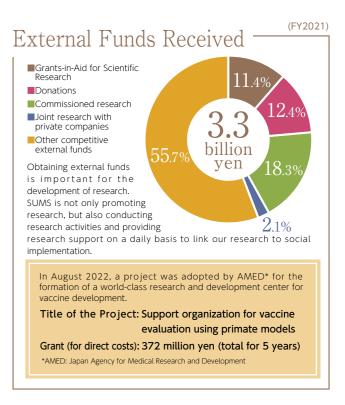


National Examination Pass Rate

(38.1%)", which is above the national average, and the "Grant-in-Aid for Research Activity Start-ups (35.7%)."



#### Explore SUMS



#### Patent Licensing Rate University Fact Book 2022 (Japan Business Federation)





(out of all universities in Japan)

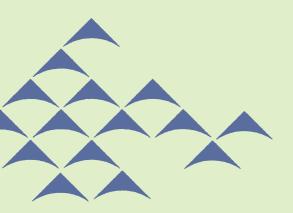
Although the number of patents held by SUMS is small compared to that of comprehensive universities, the licensing rate is high, and we are returning the results of our research to society



#### Times Higher Education -



Educational Resources represents how well-rounded education is, based on data such as funds per student and faculty ratios.



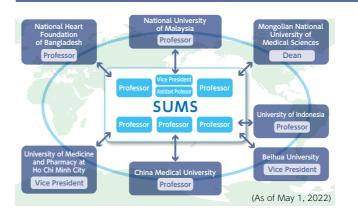
#### Missions: International Exchanges

## To Contribute to the International Society from Shiga

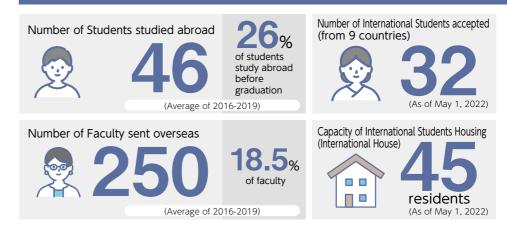


## International Exchanges between Shiga and Overseas

### Partner Institutions and Supporting Faculty



### International Exchange of Students and Faculty



#### Serving the International Community from MIRC

#### To Contribute to the Future 未来への貢献

The Medical Innovation Research Centre (MIRC) established in 2022 aims to contribute to medical innovation through research results, nurture future research leaders and enhance SUMS presence in the international arena through research collaboration and joint degree programmes. For example, SUMS's collaboration with Universiti Kebangsaan Malaysia (UKM) from 2011 will be strengthened with the proposed SUMS-UKM double degree or joint PhD degree program in Ageing Science. The collaboration will advance the field of neurodegeneration and age-related diseases; a growing problem worldwide, helping to delay the onset of age-related non-communicable diseases and expand the 'Healthy Life Expectancy' (HALE) of individuals which is a priority of the World Health Organization.

MIRC is poised to spearhead the international relationships of SUMS further to a different level and welcomes researchers both locally and internationally to move forward together to improve the quality of life during ageing through state of the art, pushing the boundaries research.

#### International Exchanges

In order to facilitate international cooperation, we have supporting faculty members at some of the partner



institutions to assist in the selection of exchange students, to follow up with alumni, to promote joint research, and to provide other support as a point of contact.

> In order to cultivate internationally competent medical professionals, we promote international exchange programs for both students and faculty, while actively accepting excellent students from overseas, mainly from Asian countries. We have also established the International Joint Research Division at the Medical Innovation Research Center (MIRC) to strengthen international cooperation.



認知症や生活習慣病に関する国際共同研究の推進

またはジョイントディグリープログラムの構築

研究成果の実装化

将来の研究リーダーの育成

● 海外協定校とダブルディグリー

健康寿命の拡大に貢献

Wan Zurinah Wan Ngah (ワンズリナワンナグ) Special Contract Professor

#### International Center

### Support system and current initiatives

#### SUMS-TAS: SUMS Total Advanced Support for Foreign Students

The International Center works together with the Student Division and the IR Office to provide consistent support for international students from pre-admission to post-graduation, tailored to each student's individual circumstances.



#### **SUMS Grant** (Scholarship for International Students)

In collaboration with our partner institutions, we recruit outstanding students from overseas and provide them with the opportunity to pursue advanced education and research in our doctoral program.

#### Japanese Government (MEXT) Scholarship (Preferred Allocation)

For the MEXT Scholarship with University Recommendation, SUMS has a quota of 4 students and we have been accepting 4 international students annually since 2021.

#### Japanese Language Class

Five standard courses and two special courses (pre-starter and Japanese Language Proficiency Test (JLPT) preparation) are available for all international students to choose from, depending on their language level and goals. We also assist students seeking employment in Japan by helping them study for the JLPT.



Aslina Pahrudin Arrozi (アスリナ・パルディン・アロズィー) Medical Innovation Research Center 創発的研究センター Completed Ph.D. in Sept. 2022 and appointed as Special Contract Assistant Professor in Oct. 2022 · 2022年9月修了/2022年10月より特任助教

#### Learning Japanese Brings Positive Results 日本語の学びをきっかけに

Learning Japanese is important because there are situations where English doesn't work. The Japanese language classes enables you to learn not only the language but also the culture, and to interact with other international students. As your Japanese improves, you will be more positive about your academic work as well, and it may even lead you to find a job in Japan. Enjoy learning Japanese!

日本語を学ぶことは大切だと思います。日本では、英語 が通じず、コミュニケーションがうまく行かないことがある からです。昨年、国際交流センターに日本語クラスができ、 私の状況は変わりました。先生は英語と日本語の両方で教 えてくれるのでわかりやすく、日本文化も学べ、他の留学生 とも交流できるので、私はクラスを楽しんでいます。

日本語が上達すると、日本と私の国で仕事を見つけるの に有利だと思います。他の言語と文化を学ぶことは、より良 い学業成績と前向きな姿勢を得ることができます。 みなさん、日本語を楽しく学びましょう!

#### From Shiga to the World: International alumni working abroad

#### Aiming for Sustainable Social Change サステナブルな社会変革をめざして

I lead a program of research which addresses health disparities faced by socially vulnerable population groups, including ethnic-minority/immigrant communities in Canada, with a focus on equity, diversity, and inclusion. Striving for social innovation for sustainable change to address these health inequalities requires meaningful engagement with all levels of stakeholders. Thus, I have embraced Community Based Participatory Research, Human Centered Design, and Integrated Knowledge Translation approaches into my program of research. Knowledge mobilization and meaningful community engagement is at the cores. I have been a highly published researcher and contribute to community capacity building through equitable and empowered involvement of community members in the research process.

私は現在、カナダにおける少数民族や移民といった社会的弱者の集団 が直面する健康格差の問題に取り組んでいます。この課題を解決するた めには、研究の成果を一般に普及させ、コミュニティへ効果的に参画する ことが必要です。私の研究では、住民たちが分け隔てなく自ら課題解決に 関与し、そのことを通じてコミュニティの力が強まるよう促しています。



劉磊(リュウライ) Liu Lei Assistant Professor, Harvard Medical School ハーバード・メディカルスクール助教 分子神経科学研究センター(現・神経難病研究センター) Completed Ph.D. in Sep. 2014, Molecular Neuroscience Research Center 2014年9月修了

I currently work as an Assistant Professor of Neurology and principal investigator at Harvard Medical School. My lab is a biological question-oriented lab focused on translational research of Alzheimer's disease and related dementias (ADRD), including cerebral amyloid angiopathy and down syndrome dementia. We applied multidisciplinary approaches including, genetic analysis, brain imaging (MRI and PET scan), CSF/plasma biomarkers, transcriptome/proteome of patient-derived iPSC-neurons, and brain in situ neuropathological methods, to deep phenotype large cohorts of patients. We aim to understand the pathogenesis of ADRD at a whole new different level. Meanwhile, we also conduct technical innovations to precisely measure neurodegeneration-related protein biomarkers in as little as 10 ul of human plasma. Through close collaborations with many academic and industrial partners, we believe that we will develop an accurate diagnosis and disease-modifying therapies for ADRD in near future.

As an alumnus of SUMS, I benefited from the research-friendly environment of SUMS and similarly developed my research program. I believe that SUMS has a lot of potential and capability to educate next-generation leaders of medical care and science.

私のラボは、アルツハイマー型認知症に関する生物学的な橋渡し研究を行ってい ます。産学にわたる緊密な協力者を得て、認知症に関する正確な診断や病態修飾療 法を、近い将来に開発できるものと確信しています。滋賀医科大学在学中は素晴ら しい研究環境のもとで研究プログラムを進展させることができ、現在の研究に繋げ られたことに感謝しています。

#### International Exchanges





Associate Professor, University of Calgary カルガリー大学准教授 Completed Ph.D. in Mar. 2008, Department of Social Medicine 社会医学講座2008年3月修了

#### Thanks to the Research Environment of SUMS 今の私を創ってくれた滋賀医大の研究環境に感謝